

Cannabis

The Cannabis Use Disorder Identification Test – Revised (CUDIT-R)

Have you used any cannabis over the past six months? YES / NO

If YES, please answer the following questions about your cannabis use. Circle the response that is most correct for you in relation to your cannabis use over the past six months:

1.	How often do you use cannabis?	Never 0	Monthly or less 1	2-4 times a month 2	2-3 times a week 3	4 or more times a week 4
2.	How many hours were you "stoned" on a typical day when you had been using cannabis?	Less than 1 0	1 or 2 1	3 or 4 2	5 or 6 3	7 or more 4
3.	How often during the past 6 months did you find that you were not able to stop using cannabis once you had started?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4
4.	How often during the past 6 months did you fail to do what was normally expected from you because of using cannabis?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4
5.	How often in the past 6 months have you devoted a great deal of your time to getting, using, or recovering from cannabis?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4
6.	How often in the past 6 months have you had a problem with your memory or concentration after using cannabis?	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4
7.	How often do you use cannabis in situations that could be physically hazardous, such as driving, operating machinery, or caring for children:	Never 0	Less than monthly 1	Monthly 2	Weekly 3	Daily or almost daily 4
8.	Have you ever thought about cutting down, or stopping, your use of cannabis?	Never 0	Yes, but not in the past 6 months 2		Yes, during the past 6 months 4	

Scores of 8 or more indicate hazardous cannabis use.

Scores of 12 or more indicate a possible cannabis use disorder, for which further intervention may be required.

For further interpretation see:

Adamson S, Kay-Lambkin F, Baker A, et al. An improved brief measure of cannabis misuse: The Cannabis Use Disorders Identification Test – Revised (CUDIT-R). Drug Alcohol Depend 2010: (In Press).

Reasons for Quitting Questionnaire

People who want to stop smoking marijuana may have several reasons for quitting. I am interested in finding out your reasons for wanting to quit.

There are no right or wrong reasons. Any reason is a good one. Below is a list of reasons that a person may have. Please read each statement and circle the number that best describes how much this reason applies to you at this time.

I want to quit smoking marijuana at this time...	Not at All	A Little Bit	Moderately	Quite a Bit	Very Much
1. To show myself that I can quit if I want to	0	1	2	3	4
2. Because I will like myself better if I quit	0	1	2	3	4
3. Because I won't have to leave social functions or other people's houses to smoke	0	1	2	3	4
4. So that I can feel in control of my life	0	1	2	3	4
5. Because my family and friends will stop nagging me if I quit	0	1	2	3	4
6. To get praise from people I'm close to	0	1	2	3	4
7. Because smoking marijuana does not fit in with my self-image	0	1	2	3	4
8. Because smoking marijuana is becoming less socially acceptable	0	1	2	3	4
9. Because someone has told me to quit or else	0	1	2	3	4
10. Because I will receive a special gift if I quit	0	1	2	3	4
11. Because of potential health problems	0	1	2	3	4
12. Because people I am close to will be upset if I don't quit	0	1	2	3	4
13. So that I can get more things done	0	1	2	3	4
14. Because I have noticed that smoking marijuana is hurting my health	0	1	2	3	4
15. Because I want to save the money I spend on marijuana	0	1	2	3	4

Reasons for Quitting Questionnaire (continued)

I want to quit smoking marijuana at this time...	Not at All	A Little Bit	Moder- ately	Quite a Bit	Very Much
16. To prove that I'm not addicted to marijuana	0	1	2	3	4
17. Because there is a drug-testing policy at work	0	1	2	3	4
18. Because I know others with health problems caused by smoking marijuana	0	1	2	3	4
19. Because I am concerned that smoking marijuana will shorten my life	0	1	2	3	4
20. Because of legal problems related to marijuana	0	1	2	3	4
21. Because I don't want to be a bad example for children	0	1	2	3	4
22. Because I want to have more energy	0	1	2	3	4
23. So that my hair and clothes won't smell like marijuana	0	1	2	3	4
24. So that I won't burn holes in clothes or furniture	0	1	2	3	4
25. Because my memory will improve	0	1	2	3	4
26. So that I will be able to think more clearly	0	1	2	3	4

Use the spaces below to list the three most important reasons for wanting to stop smoking marijuana. If any of the statements above are among your most important reasons, list them in the spaces below. Otherwise, write your own reasons.

27. My three most important reasons, in order of importance, for wanting to quit smoking marijuana are:

1. _____

2. _____

3. _____